

thursday

Easy Weeknight Beef Stroganoff



Ingredients

1 to 1.5 lbs lean ground beef

1 medium onion, chopped

2 cans cream of mushroom soup

8 oz sour cream

1 lb egg noodles

Salt and pepper to taste

Olive oil

Directions

Cook the egg noodles according to the package directions.

Drain well and set aside.

Meanwhile, heat a glug of olive oil on medium-high heat in a deep skillet, then add the chopped onion and cook for three or four minutes until translucent. Add the ground beef, break it up and brown it until cooked through.

Add salt and pepper to taste.

Add the cream of mushroom soup and sour cream and mix well.

In a large bowl gently combine the beef mixture and the egg noodles until thoroughly mixed.