

wednesday

strawberry almond chicken salad

ingredients

1 c shredded cooked chicken

2 c strawberries, washed and sliced

1/4 c sliced almonds

4 c baby spinach

2 T sparkling white wine vinegar

1 T honey

1 tsp minced garlic

Salt and pepper to taste



directions

For the salad:

Divide spinach evenly between two plates. Layer chicken and strawberries on top of the spinach, then sprinkle almonds on top.

For the dressing:

In a jar or small bowl with a tight-fitting lid, add the white wine vinegar, honey, garlic, salt and pepper together.

Put the lid on and shake until mixed well.

Drizzle dressing over both salads.